

Members of MAPDA



NON-CONTACT INVITATIONAL TOURNAMENT

Which is a sanctioned event operating under our *MAPDA RULES*

SATURDAY APRIL 12, 2025 McKinnon Park Secondary School 91 Haddington St., Caledonia, Ontario

DOORS OPEN-9:00 AM COMPETITION STARTS-10:30AM MEETING-9:30AM FOR BLUE, BROWN & BLACK BELTS

*To compete in Kumite (sparring) you must compete in Kata. *

Pre-Registration

All Events - \$25.00

Family Rate (3+) - \$55.00

www.mapda.ca / www.swormartialarts.com

Methods of Payment

Acceptable forms of payment are as follows: PLEASE READ CAREFULLY.

Cheques Payable to S.W.O.R. Wado-Ryu Karate-Do Cash E-Transfers sworfund@mapda.ca

PLEASE NOTE IF YOUR METHOD OF PAYMENT IS E-TRANSFER, PLEASE INCLUDE THE NAME AND FROM WHICH CLUB, OF THE PERSON THAT IS COMPETING AS THIS WILL ENSURE A PROPER REGISTRATION.

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Please Note:

There is ample parking in the front and rear of the school. If you are headed south on Hwy #6 or Argyle St., turn left at Haddington St. at the lights with McDonald's on the corner and the school is at the next stop sign on the corner of Haddington St. and McKenzie Rd. 91 Haddington St. Caledonia.



SOME RULES

1. NON-CONTACT.

2. NO SWEEPS.

3. <u>NO</u>

TECHNIQUES OF ANY KIND TO THE BACK OR

SPINE AREA.

4. NO SPINNING TECHNIQUES UNLESS

AT BLACK BELT LEVEL AND EXECUTED

PROPERLY.

5. **PROPER KUMITE EQUIPMENT MUST**

BE WORN, HAND PADS & MOUTH GUARDS ARE MANDATORY.

6. GROIN PROTECTION AND FOOT PADS ARE RECOMMENDED.

PLEASE NOTE

Medals will be handed out at the end of each division!!

NOTE: All divisions are subject to change, depending upon the number of competitors in each division.

REQUIRED KATAS FOR MAPDA MEMBERS

White – Aihon, Chonan (Adults Only), Pinan Shodan
Yellow – Aihon, Pinan Shodan, Pinan Nidan
Orange – Pinan Sandan, Sai Sho, Chonan Shodan
Green – Pinan Yondan, Tai Sai, Sankyu
Blue / Purple – Pinan Godan, Shopei
Brown – Pinan Godan, Kushanku
Shodan – Nihanchi or Nihanchin, Chocodo
Nidan – Sai Shan, Sai Shun Tai
Sandan – Chinto or Kempei
Yondan – Wanshu or Gohonshu
Godan – Gensho, Gensho Shodan

Note: Only Kyu Belts (White to Brown) will be able to pick a kata from their rank and or previous rank. Example: Green belt can pick kata from orange belt list as well.

KATAS MUST NOT BE MODIFIED.

NOTE: All divisions are subject to change, depending upon the number of competitors in each division.

REQUIRED KATAS FOR GUESTS

White – Taikyoku Shodan (Kihon Kata)

Yellow – Heian Shodan, Heian Nidan

Orange - Heian Nidan, Heian Sandan

Green – Heian Sandan, Heian Yondan

Blue / Purple – Heian Yondan, Heian Godan

Brown – Heian Godan, Tekki Shodan, Bassai Dai, Jion, Ji'in, Jitte

Black Belt Ranks

Can choose a Kata from the list below.

Jion, Ji'in, Jitte, Bassai Dai, Bassai Sho, Tekki Shodan, Tekki Nidan, Tekki Sandan, Kanku Dai, Kanku Sho, Enpi, Hangetsu, Gankaku, Nijushiho, Meikyo, Chinte, Sochin, Gojushiho Sho, Gojushiho Dai, Wankan, Unsu

NOTE: Only Kyu Belts (White to Brown) will be able to pick a kata from their rank and or previous rank. Example: Green belt can pick kata from orange belt list as well.

KATAS MUST NOT BE MODIFIED.

NOTE: All divisions are subject to change, depending upon the number of competitors in each division.